

ImuPro Complete tests 270 foods:

Cereals (with Gluten)

- Barley
- Gluten
- Kamut
- Oats
- Rye
- Spelt
- Wheat

Alternatives to Cereals

- Amaranth
- Arrowroot
- Buckwheat
- Carob
- Cassava
- Fonio
- Jerusalem artichoke
- Lupine
- Maize (sweet corn)
- Millet
- Quinoa
- Rice
- Sweet chestnut
- Sweet potato
- Tapioca, cassava
- Teff

Meat

- Beef
- Chicken
- Deer
- Duck
- Goat meat

- Goose
- Hare
- Lamb
- Ostrich
- Pork
- Quail
- Rabbit
- Roe deer
- Turkey
- Veal
- Wild boar

Fish & Seafood

- Anchovy
- Angler, monkfish
- Blue mussel
- Carp
- Cod, codling
- Crayfish
- Eel
- Gilthead bream
- Haddock
- Hake
- Halibut
- Herring
- Iridescent shark
- Lobster
- Mackerel
- Ocean perch
- Octopus
- Oyster
- Plaice
- Pollock
- Red Snapper
- Sardine
- Salmon
- Scallop
- Sea bass

- Shrimp, prawn
- Shark
- Sole
- Squid, cuttlefish
- Swordfish
- Trout
- Tunafish
- Zander

Egg

- Chicken egg
- Chicken egg-white
- Chicken yolk
- Goose egg
- Quail eggs

Milk products

- Camel's milk
- Cow's milk
- Goat milk and cheese
- Halloumi
- Kefir
- Mare's milk
- Milk cooked
- Ricotta
- Rennet cheese (cow)
- Sheep milk and cheese
- Sour-milk products (cow)



ImuPro Complete tests 270 foods:

Vegetables

- Artichoke
- Asparagus
- Bamboo shoot
- Beetroot
- Broccoli
- Brussels sprout
- Carrot
- Cauliflower
- Celeriac (knob celery)
- Chard (beet greens)
- Chili Cayenne
- Chili Habanero
- Chili Jalapeno
- Chinese cabbage
- Cucumber
- Eggplant
- Fennel
- Kale (curled kale)
- Kohlrabi (turnip cabbage)
- Leek
- Molokhia
- Okra (lady's finger)
- Olive
- Onion
- Parsnip
- Potato
- Pumpkin
- Radish (red and white)
- Red cabbage
- Rutabaga
- Savoy cabbage
- Spinach
- Stalk Celery
- Sweet pepper
- Tomato
- White cabbage
- Zucchini (courgette)

Salads

- Argula (Rocket)
- Butterhead lettuce
- Chicory
- Dandelion
- Endive
- Iceberg lettuce
- Lamb's lettuce
- Lettuce
- Radicchio
- Romaine lettuce

Legumes

- Chickpea
- Fava bean
- Green bean
- Green pea
- Lentil
- Mung bean (green gram)
- Soybean

Mushrooms

- Bay boletus
- Cep (boletus)
- Chanterelle
- Meadow mushroom
- Oyster mushroom
- Shiitake

Fruits

- Apple
- Apricot
- Avocado
- Banana
- Blackberry
- Blueberry

- Cherry
- Cranberry
- Currant
- Date
- Fig
- Gooseberry
- Grape
- Grapefruit
- Guava
- Honeydew melon
- Kiwi
- Lemon
- Lime
- Lingonberry
- Lychee
- Mandarin
- Mango
- Nectarine
- Orange
- Papaya
- Peach
- Pear
- Plum
- Pineapple
- Pomegranate
- Prickly pear
- Quince
- Raspberry
- Rhubarb
- Sea buckthorn
- Strawberry
- Yellow plum
- Watermelon



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Seeds & Nuts

- Almond
- Brazil nut
- Cashew kernel
- Cocoa bean
- Coconut
- Flax, Linseed
- Hazelnut
- Macadamia nut
- Pine nut
- Peanut
- Pistachio
- Poppy seed
- Pumpkin seed
- Sesame
- Sunflower seed
- Walnut

Spices & Herbs

- Alfalfa
- Allspice
- Aniseed
- Basil
- Bay leaf
- Caper
- Caraway
- Cardamom
- Chervil
- Chive
- Cinnamon
- Clove
- Coriander
- Cumin
- Curcumin (E100)
- Curry

- Dill
- Garden cress
- Garlic
- Ginger
- Horseradish
- Juniper berry
- Lavender
- Lemon balm
- Lovage
- Marjoram
- Mustard seed
- Nutmeg
- Oregano
- Paprika
- Parsley
- Black pepper
- White pepper
- Rosemary
- Saffron
- Sage
- Savory
- Thyme
- Vanilla
- Wild garlic

Yeast

- Yeast (beer, bread)

Tea, Coffee & Wine

- Black tea
- Camomile
- Coffee
- Green tea
- Nettle
- Peppermint
- Rooibus tea
- Rose hip
- Tannin

Algae

- Red algae (Nori)
- Spirulina

Preservatives

- Benzoic acid (E210)
- Sorbic acid (E200)

Sweeteners

- Agave nectar
- Cane sugar
- Honey (mixture)
- Marple syrup

Thickening Agents

- Agar-Agar (E406)
- Carrageen (E407)
- Guar flour (E412)
- Pectin (E440)
- Tragacanth (E413)
- Xanthan gum

Specials

- Aloe vera
- Aspergillus niger
- Candida
- Candied lemon peel
- Vine leave

